

Health Information for your Cruise

Dear A-ROSA Guests,

At A-ROSA, the health, safety and well-being of all guests and crew members is always our highest priority. Therefore, our A-ROSA Care Team has developed a comprehensive hygiene and health concept that further expands on our already very high safety standards. Based on the official national and international orders as well as recommendations from the Robert Koch Institute, Germany's federal government agency and the research institute responsible for disease control and prevention, we have implemented the following increased precautionary measures:

- For your own safety, we commend to conduct an antigen rapid self-test on the day before arrival.
- All guests must provide the signed **declaration of health to travel** before boarding (p. 2). Guests without a signed declaration will not be able to board the ship. Boarding will be refused without the signed declaration.
- In addition, **all guests (12 years of age and older) require proof** of a complete COVID-19 vaccination (14 days after last required vaccination) or recovery from COVID-19 (min. 28 days, max. 6 months old positive PCR test).
- Children from 6 to 11 years of age require proof of a negative PCR test (max. 48 hours old) OR rapid antigen test (max. 24 hours old, self-test not accepted).
- In addition, all guests will be tested for coronavirus by means of a rapid antigen test at the beginning of the cruise.
- We kindly ask you to bring **relevant health documents** (e.g. latest physician's letter).
- We ask all passengers to **'self-check' their health on a daily basis** and to be attentive to any symptoms. At the first sign of illness, such as breathing difficulties, coughing, flu-like symptoms or fever ($\geq 37.8^{\circ}\text{C}$ / 100.4°F) during the trip, guests must call the ship's management immediately.
- Existing cleaning plans will be further enhanced and all passengers are required to regularly wash their hands and use the **hand disinfectant dispensers** provided. We will provide sufficient disinfectants.
- A minimum social **distance of 1.5 metres** from other guests and staff will apply to the entire ship, which will be implemented using a guidance system with aisles as 'one-way-streets', floor markings, reduced size capacity in the dining areas and seating groups, to ensure the required social distancing can be adhered to.
- The crew wear **medical mouth-nose protection** on board. Guests are also required to wear a medical mouth-nose protection or a FFP2 mask in public areas. This does not apply to guests who are seated at a dining table or in the outside areas.
- All meals are buffet style.
- The facilities in the SPA-ROSA (treatments & massage, fitness room, whirlpool) are reduced and carried out in compliance with established hygiene and social distancing rules. For the use of the sauna and / or the fitness area, please register at the reception.
- The entertainment programme will operate without any physical contact.
- All crew members complete a comprehensive health check and a PCR test for COVID-19 before they are allowed to board the ship. Only with the resulting health certificate are they allowed to work on board the A-ROSA ships. During the season, the crew is tested once a week with a rapid antigen test. In addition, the A-ROSA company doctor aims to have the crew vaccinated as soon as possible.
- Before the start of the cruise, our hotel management and crew members are intensively trained on the subject from our **highly qualified team of medical experts**.
- Our **fleet doctor Dr. med. Jens Tülsner** is also available to support us.
- We are monitoring current developments regarding the corona virus (SARS-CoV-2) and are in contact with the local authorities.

Embarkation will be refused without a signed 'declaration of health for travel' and presentation of the relevant evidence or if symptoms typical of COVID-19 are present. If you are unable to sign the declaration, please contact us promptly at +49 381 202 6001.

Additional return travel or accommodation costs incurred in the event of a **quarantine order** are not covered by covered by A-ROSA. We are obliged to report positive tests to the local health authorities. They will determine what procedure occurs next.

We will do everything in our power to make you feel comfortable and ensure you have a wonderful and safe holiday with us. We are looking forward to welcoming you on board.

Your A-ROSA Team

First and last name A-ROSA employee

DECLARATION OF HEALTH TO TRAVEL

This declaration of health to travel must be completed and signed by all persons aged 6 and over (one form per person) before boarding or visiting the ship.

First and Last Name

Cabin Number

Date

Ship

Harbour

First and Last Name of accompanying children under 6 years

First and Last Name of accompanying children under 6 years

Please confirm the following statements truthfully with your signature for you and the persons named above. If you do not sign the declaration and provide the appropriate proof or if you have symptoms typical of COVID-19, you will be refused embarkation. If statements are not true for you, we ask you to contact us for further coordination.

- | |
|---|
| <input type="checkbox"/> I can prove complete vaccination protection (at least 14 days after the last required vaccination) or I have recovered from an infection with COVID-19 (at least 28 days and max. 6 months ago). (Guests 12 years of age and older)
<i>OR</i> |
| <input type="checkbox"/> I have a certified negative PCR test (not older than 48 hours) or rapid antigen test (not older than 24 hours). (only for children from 6 to 11 years of age) |
| <input type="checkbox"/> I am currently healthy and have no signs of illness, such as cough, flu-like symptoms, loss of sense of smell or taste, or fever ($\geq 37.8^{\circ}\text{C}$ / 100.4°F). |
| <input type="checkbox"/> I have not been in contact with people who have been diagnosed with the corona virus in the past 14 days,
<i>OR</i> |
| <input type="checkbox"/> I have been involved in medical/nursing care of people who have been diagnosed with COVID-19: I am completely vaccinated and will provide a negative PCR test (not older than 48 hours) upon arrival. |
| <input type="checkbox"/> I am not currently under domestic quarantine. |
| <input type="checkbox"/> I have not tested positive for Corona virus within the last 28 days. |
| <input type="checkbox"/> I (or one of the persons named above) have not spent the past 14 days in a region, within my country or the world, defined by the German Federal Government as a virus variant area. For A-ROSA, the regions defined as virus variant areas on the website of the Robert Koch Institute during this period apply. A current list of international risk areas can be found here . |

We may be required by law to pass this declaration on to the relevant public health authorities.

Data protection notice:

This measure is of course carried out in compliance with data protection. Your personal data will only be used within the scope of the legal regulations. You can find the complete data protection declaration and the travel conditions on www.arosa-cruises.com/data-protection. The information on your state of health will be processed for the following purposes:

1. To protect the health and security of guests as well as for any necessary medical care.
2. To comply with legal obligations, regulations, national and European laws, as well as for reasons arising from the orders of the authorities, as required by law

I hereby confirm that the above information applies to me and that any untruthful confirmation may have a significant impact on the public health situation and medical care. This can also lead to liability and criminal consequences.

Signature

Date